Celebration of the life of

A Son
Husband
Father
Brother
Uncle
Doctor
Friend

Dr. Reginald Eugene Cowans

June 1, 1959 - November 2, 2015
Reginald Eugene Gowans
On Monday, November 2, 2015, the world lost one of the most caring and loving people, Dr. Reginald E. Gowans - affectionately known to his siblings, friends, and family as Wezzie, Reg, Reggie, Old Man; Nephew, Boss, and Doc. However any of us addressed him, he shared a special place in each of our hearts.

Reginald Eugene Gowans was born to Rochelle Lowell (R.L.) Gowans (preceded him in death) and Shirley Yvonne (Brown) Gowans (Oakland, CA), on June 1, 1959 in Oakland, CA. Being the youngest of three, Reggie was very mischievous, full of energy and always in trouble, but smart as a whip. Reggie's siblings Vicki Rene (fondly known as Vape) and Lonnie loved and adored him. He equally enjoyed his quality time with his “Big Sis”, and his brother Lonnie Gowans his true ace. Reggie and Lonnie loved talking about their Big Sis Vicki! Both Vicki and Lonnie contributed to his remarkable ability to always have an open heart and time to listen to anyone's problems. Reggie attended Howard Elementary, King Junior High School and Skyline High School in Los Angeles. While in high school Reggie was named All American Football player for his stellar position as a running back.

After graduating high school, he attended San Francisco State and majored in Biology, attended dental school at UCSF, worked as a General Dentist in San Jose, San Leandro, Hayward, and Berkeley at West Berkeley Health Center. In 1988 Reggie was the general dentist at West Berkeley, and as fate would have it, a toothache later; he met his wife and the love of his life, Daphne Benson of Los Angeles, CA. Daphne was completing her Master Degree at UC Berkeley and returning to her hometown of Los Angeles, CA – Reggie called Daphne weekly, and eventually convinced her to date and marry him.

Reggie’s desire and drive to succeed and continue learning led to his decision to further his dental career by attending King Drew Oral & Maxillofacial Surgery Residency Program in Southern California. So his journey to Southern California included returning to training and developing his relationship with Daphne. After graduating from the program and obtaining Board Certification he and Daphne got engaged and were married on October 22, 1994.

Reggie's professional career was influenced by his mentor and professional father, Newton Gordon, DDS. His career spanned from private practice in oral and maxillofacial surgery in Southern and Northern California, obtaining oral surgery contracts within the California Corrections system, teaching residents at MLK and Harbor-UCLA medical centers, conducting research for the National Institute of Health (NIH) with colleagues from the University of Southern California (USC) and publishing several articles in professional journals and books. He opened a practice in Sacramento, shared office space in Los Angeles with his dental classmates and performed medical and dental missionary work in Jamaica, Australia and Africa.

In 2005, another love of Reggie’s life would enter the world, Daphne gave birth to their lovely daughter, Fallyn Alexa Gowans, whom he adored dearly. When Reggie was not performing surgery, Reggie cherished his time with Fallyn and Daphne. His love for fun and music was evidenced by he and Daphne attending many jazz festivals and having many home based parties. His love for movies was enriched by sharing special movie dates with Fallyn. Reggie loved watching all sports, both professional and college, loved golfing, deep sea fishing in Alaska and most of all spending time on holidays with all his family present. Reggie leaves to cherish many special times and memories – his daughter, Fallyn, wife Daphne, his mother, Shirley Gowans, his in laws, Dalton and Lyndell Benson, sister, Minister Vicki Gowans, brother, Pastor Lonnie Gowans (Gwendolyn), nephew, Lionel Gowans, and a large host of family and friends at home and in the medical community. There is no doubt we will all miss his infectious giggle and warm smile.
Forever in our hearts
Order of Celebration

THURSDAY, NOVEMBER 12, 2015 · 10 A.M.
BEEBE MEMORIAL CATHEDRAL
3900 TELEGRAPH AVENUE
OAKLAND, CA 94609

Processional.................................................................................. Clergy & Family

Scripture
   Old Testament .......... Psalm 146: 1-10 .......... Dr. Ben Brazil

Prayer.......................................................................................... Pastor Charles Jackson
       Solo selection

Expressions.............................................................................. 2 Minutes Please

Acknowledgment of Condolences

Obituary (Read Silently) .............................................................. Soft Music

Remarks...................................................................................... Colleagues
   Visiting Ministers
       Solo selection

Words of Comfort...................................................................... Lonnie Gowans
Active Pallbearers
Lionel Gowans • Jeffrey Hall • Rodney Lewis
Steve Taylor • Anthony Zeno • Antuan Zeno

Honorary Pallbearers
Dalton Benson • Benjamin Braziel, DDS
Lawrence M. Guittard, DDS • Bobbie Kennedy, DDS
Richard Leathers, DDS • Joseph McQuirter, Sr., DDS

Interment
Immediately following the Service
Rolling Hills Memorial Park
4100 Hilltop Drive
Richmond, CA 94803

Repast
Immediately following the Interment
Mira Vista Country Club
2900 Cutting Boulevard
El Cerrito, CA 94530

Acknowledgment
The family wishes to acknowledge with deep appreciation each of the thoughtful expressions of love, kindness and sympathy extended to them during this difficult time.

With love and appreciation,

The Gowans’ Family
The love of my life
The love of my life
“My Daddy” by Tallyn Gowans
- October 2015

R - Real Deal
E - Every day kind
G - Great at being my daddy
I - In Charge
N - Never mean of unfair
A - Awesome
L - Loving
D - Determined
I will always love you Daddy
We will miss you Dr. Cowans