

EXPOSED TO BLOOD OR INFECTIOUS BODY FLUIDS?

The CLOCK is Ticking...



**Take
ACTION
right
away**



1. Clean site

2. Get evaluated

3. Follow-up

4. Peace of mind

- Exposed to + HIV? Postexposure prophylaxis (PEP) medicine should be initiated as soon as possible, within hours of exposure
- Go to Employee Health during hours (M-Th) 7:00 am to 3:00 pm (Fri 7-11)
- Go to Emergency Department after hours and must report to Employee Health next business day



CALL EMPLOYEE HEALTH FOR QUESTIONS 310-222-2360

Blood or Body Fluid Exposure Instructions

1. **Immediately → Clean site**
 - a. **Skin with soap and warm water**
 - b. **Mucus membrane flush with water**
2. **Notify your supervisor**
3. **Report to Employee Health during business hours or ED after hours (after 3pm Monday through Thursday, after 1100am Fridays, weekends and holidays). If report to ED, you must report to Employee Health the next business day regardless of source status.**

CA Health and Safety Code

- Evaluation to determine if exposure is significant is needed
- No physician or other exposed individual shall certify his or her own significant exposure
- If the source patient is unable to participate in an opt-out discussion (sedated, altered, etc.), or if the source patient refuses, according to California law a HIV test can be ordered on an available blood sample legally obtained in the course of providing health care services, but only in the context of a clinically meaningful exposure. This test can only be ordered as part of the occupational exposure evaluation by Employee Health or the ED.

Workers Compensation

- IA packet to be completed by supervisor
- Employee Health to submit paperwork to Tristar

Take Away

- Consider ordering HIV as a routine pre-op lab to save time and anxiety following an exposure
- Report to EHS/ED immediately
- Do not try to manage an exposure on your own or through your colleagues. Failure to report is a violation of hospital policy may result in a lack of appropriate workers compensation coverage for your injury.

Employee Health – PCDC Room B-03, Office 310-222-2360
M-Th 0700-1600 (last blood exposure evaluation at 1500)
Fr 0700-1200 (last blood exposure evaluation at 1100)

Emergency Room – Report to the Charge Nurse in the Adult ED on the “A” side. The Charge Nurse will facilitate a prompt evaluation by a physician. If seen in ED you must report to Employee Health next business day or you may receive a bill from the ED.